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APPLICATION OF NATURAL ANTIOXIDANTS IN THE COMPOSITION OF GEL "IMBIROL" FOR RHINITIS OF DIFFERENT GENESIS

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Abstract

One of the stages of the pathophysiological study of the state of the prooxidant-antioxidant system under the conditions of modeling different types of rhinitis in rats was carried out. The experiment took 36 rats, with bacterial and chemical rhinitis, with treatment and without it. Indicators of peroxidation of lipids and antioxidant system were determined in serum: thiobarbituric acid (TBA) and diene conjugates (DK), reduced glutathione (RG) and

catalase (Cat). The obtained research results confirmed the formation of oxidative stress in experimental groups, both in chemical and bacterial rhinitis, according to DK and TBA data at 168.3%, 216.1% (chemical) and 159.4%, 216.1% (at bacterial) compared to intact animals. Imbirol shows pronounced therapeutic antioxidant properties in comparison with the reference preparation Pinosol. The effectiveness of the new gel "Imbirol" has a more positive dynamics of AOS restoration in blood serum when developing experimental rhinitis and does not differ significantly from the parameters of the reference preparation "Pinosol".

In the pathogenesis of chemical and bacterial rhinitis, the violation of the antioxidant-antioxidant system is installed at the system level. Application of powerful universal treatment with gel "Imbirol" in both types of experimental rhinitis contributes to the normalization of the indicators of the system "peroxidation-antioxidant protection". The applying of the gel "Imbirol" in chemical and bacterial rhinitis reliably led to the restoration of the excited AOS parameters at the systemic level by reducing the concentration of TBA and DC and increasing the activity of the enzymes of catalase and RG. The obtained results allow to continue the study of the influence of antioxidants in experimental rhinitis, and mechanisms of restoration of the nasal mucosa under the pharmacological influence of the gel "Imbirol".

Key words: rhinitis, prooxidant-antioxidant system, gel

Among the acute infectious diseases of the upper respiratory tract rhinitis occupies a special leadership position. So, children in the preschool age are ill with viral infection of the upper respiratory tract 6-12 times a year, and adults 2-3 times [4]. There are too much of chronic rhinitis (10-20% of the population). The development of an inflammatory reaction, its course has certain features, which depend both on the individual peculiarities of the human body and on the etiologic factor. Indicators of lipid peroxidation (LPO) and the state of the antioxidant system (AOS) reflect the acuity of the pathological process, its dynamics, the degree of influence of the drugs and the effectiveness of their application. We note that untimely and incorrect treatment of this pathology can cause complications: sinusitis, abscess of the brain, purulent meningoencephalitis, sigmoid thrombophlebitis and cavernous sinus. Therefore, the treatment of rhinitis at the initial stages of development is the optimal condition for the prevention of severe infectious intracranial diseases [5]. Conducting a well-documented pharmacotherapy of such conditions remains a topical issue of modern medicine. Thus, the composition is based on the scientific basis and the technology of the local gel complex for the treatment of rhinitis, "Imbirol", containing a complex of essential oils

(ginger, musk spaghetti, majorana and tea tree) is developed [6]. Such components have a wide spectrum of action, especially anti-inflammatory, antibacterial, antiseptic, wound-healing, etc [5, 7, 9]. The purpose of our study was to conduct one of the stages of pathophysiological study of the flow of various types of rhinitis according to the parameters of the LPO and AOS and the degree of pharmacological correction of pathological changes with the gel "Imbirol" on the base Central Scientific Research Laboratory of NFaU [6]. The work was performed in accordance with the plan of scientific research of the National Pharmaceutical University ("Technology of obtaining original and combined medicines in various forms", GDR No. 0108U009174. "Development of composition, technology and biopharmaceutical research on drugs based on natural and synthetic raw materials" GDR No. 0114U000945, 2014-2019

Materials and methods. The studies were carried out on the model of acute inflammation of the nasal cavity caused by caustic sodium (tampon rats were injected into each nostril single-fold, the exposure time was 3 seconds). Within 14 days - chemical rhinitis [2]. The experimental model of bacterial rhinitis was reproduced by intranasal single administration of the *Staphylococcus aureus* museum strain (in each nasal passage). In the experiment, 36 rats were used, which were divided into groups of bacterial and chemical rhinitis, each of which was divided into three groups, separately isolated intact control group. The first group - positive control (animals treated after the development of pathology), animals were selected for the second and third groups, which were administered intranasally with the study gel "Imbirol" and the reference preparation (Pinosol ointment), respectively. With the help of biochemical methods of analysis in the blood serum, the parameters that characterize the balance of prooxidic and antioxidant systems responsible for the state of the free radical oxidation process were determined [3, 7]. In the serum, the content of thiobarbituric acid (TBA) and diene conjugates (DC) was determined according to standard formulas. The state of AOS was assessed by the content of reduced glutathione (RG) and the activity of the antioxidant protection enzyme catalase (Cat) by the method of Korolyuk et al. [3, 8, 10]. Statistical analysis of the results was carried out using standard Excel software packages (2007), and Statistica, v. 6.0 (StatSoft Inc., USA) on a personal computer Pentium III. Determination of the type of distribution was carried out using the Shapiro-Wilkie criterion. Differences between samples were considered statistically significant at ($p < 0.05$) [7].

Results and discussion. Previous studies of reproduction of such an experimental model of bacterial and chemical rhinitis have shown the development of pronounced

inflammatory process according to morphological features, the state of development of oxidative stress by the indices of free radical oxidation process of intranasal washes and the degree of influence of the investigated gel "Imbirol" in comparison with the preparation of the comparison "Pinosol". The next step in determining the state of the degree of activation of free radical oxidation process on indicators of systemic influence of pathological factors due to the development of various types of rhinitis will prove or refute the antioxidant properties of the gel studied at the systemic level. It is well-known that the process of tissue damage by any factor leads to the formation of active forms of oxygen, and, consequently, to the development of free radical oxidation process. That is, the experimental models of rhinitis used in this study reliably resulted in the first days of the experiment until the development of oxidative stress at the system level [1, 5]. The results are shown in Table. 1, 2.

Table 1

Indicators of lipid peroxidation and antioxidant system in blood serum of rats with experimental chemical rhinitis and in the treatment of "Imbirol", 14 days (M±m, n=10)

IndicatorsM±m	Groups			
	I intact rats	II control pathology (chemical rhinitis)	III rats with experimental chemical rhinitis + "Imbirol"	IV rats with experimental chemical rhinitis + "Pinosol"
TBA, μmol / l	0,491±0,056	1,061±0,081*	0,555±0,032 [#]	0,653±0,059 [#]
Catalase, MK / L	22,67±1,72 [#]	14,78±1,33*	23,23±1,86 [#]	19,21±2.01
DC, μmol / l	0,416±0,044 [#]	0,700±0,0465*	0,528±0,010*/ [#]	0,636±0,043*
RG, μmol / L	4,654±0,239 [#]	3,048±0,108*	5,032±0,409 [#]	4,014±0,282 [#]

Notes:

* - p <0,05 in comparison with the indicator in the group of intact animals;

- p <0,05 in comparison with the indicator in the control animals group;

n - the number of animals in the group.

The obtained results of the research confirmed the development of oxidative stress in experimental groups, both in chemical and bacterial rhinitis, according to the data of the LPO. Thus, peroxide compounds formed under the influence of active forms of oxygen as a result of oxidation of lipids (major oxidation substrates) in the form of DC and TBA were significantly increased in serum throughout the experiment and remained at 168.3%, 216.1% (at chemical), and 159.4%, 216.1% (with bacterial), respectively, in comparison with intact animals. That is, such data testify to the development of the expressed oxidative stress at the system level during 14 days of experimental pathology modeling and proves the necessity of pharmacological correction of such a state. Such a necessity is also dictated by the decrease in

the activity of the AOS during the entire experiment, which did not return to normal even for 14 days. Thus, at the 14th day, in the group with experimental rhinitis, the KAT and RG indices were -34.8% and -34.4% respectively (with chemical rhinitis), - 45.8% and -33.8% (with bacterial) in comparable to intact animals. That is, the AOS activity was reliably throughout the period in a depressed decompensated state and did not reach the indices of the intact group of rats.

Table 2

Indicators of lipid peroxidation and antioxidant system in blood serum of rats with experimental bacterial rhinitis and under treatment with "Imbirol", day 14 (M±m, n=10)

Indicators M±m	Groups			
	I intact rats	II control pathology (bacterial rhinitis)	III rats with experimental bacterial rhinitis + "Imbirol"	IV rats with experimental bacterial rhinitis + "Pinosol"
TBA, μmol / l	0,663±0,075 [#]	1,433±0,109 [*]	0,749±0,043 [#]	0,882±0,079 [#]
Catalase, MK / L	24,02±1,256 [#]	13,02±0,892 [*]	25,39±2,141 [#]	22,38±1,872 [#]
DC, μmol / l	0,443±0,042 [#]	0,706±0,032 [*]	0,513±0,047 [#]	0,538±0,041 [#]
RG, μmol / L	5,090±0,303 [#]	3,367±0,135 [*]	5,953±0,446 [#]	4,565±0,349 [#]

Notes:

* - p < 0,05 in comparison with the indicator in the group of intact animals;

- p < 0,05 in comparison with the indicator in the control animals group;

n - the number of animals in the group.

Application of two therapeutic agents with a one-way mechanism of action: the experimental gel "Imbirol" and "Pinosol" allowed to significantly improve the course of both chemical and bacterial rhinitis and bring the indexes of LPO and AOS to a dynamic equilibrium. Maintenance of such a state may be due to a certain organization of plasma and cellular lipids, the restoration of a dynamic system of exchange of membrane phospholipids and cholesterol, which determine the lipid level of oxidation of cell membranes. According to the results of the study there was an improvement in all indicators of LPO for 14 days in the groups treated. Thus, the TBA and DC values for chemical rhinitis decreased to 113% (p ≥ 0.05) and 127% (p ≤ 0.05), as compared to the group of rats treated with gel "Imbirol". In rats of control pathology, these indicators remained steadily high even for 14 days and exceeded the norm of 2.61 and 1.70 times, respectively.

Indicators of AOS in the conditions of chemical rhinitis tended to increase activity, as markers of the body's ability to compensate for pathological shifts in the active forms of oxygen of a systemic nature. Thus, in the group using "Imbirol" gel, the restoration of Catalase and RG activity to the level of intact animals was observed: 102.4% and 108.2% (differences between the groups are statistically insignificant). In the group of animals treated with "Pinosol" observed similar dynamics, but less expressed.

As can be seen from the results, a similar situation can be established as a result of bacterial rhinitis. Thus, in the group with control pathology, TBA and DC remained elevated at 2.61 and 1.6 times ($p \leq 0.05$) according to the intact group, Catalase and RG were below the norm by 46% and 34%. Application of the experimental gel "Imbirol" and "Pinosol" resulted in the expressed therapeutic effect: there was a partial restoration of the balance of a system of prooxidant-antioxidant system. Indicators of AOS in groups using gel "Imbirol" and "Pinosol" fully recovered and increased to normal ($p \leq 0,05$).

1. In the pathogenesis of chemical and bacterial rhinitis, the violation of the antioxidant-antioxidant system is installed at the system level. Application of powerful universal treatment with gel "Imbirol" in both types of experimental rhinitis contributes to the normalization of the indicators of the system "peroxidation-antioxidant protection".

2. The applying of the gel "Imbirol" in chemical and bacterial rhinitis reliably led to the restoration of the excited AOS parameters at the systemic level by reducing the concentration of TBA and DC and increasing the activity of the enzymes of catalase and RG.

The obtained results allow to continue the study of the influence of antioxidants in experimental rhinitis, and mechanisms of restoration of the nasal mucosa under the pharmacological influence of the gel "Imbirol".

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